



## Powerhouse St Kilda Hockey Club Juniors President Report 2017



In my second and final year as Juniors President for Power House & St Kilda Hockey Club it has continued to be challenging with the ever increasing new requirements from Hockey Victoria but it is great to see the club grow and rise to the challenge.

Training was conducted weekly at Albert Park from Monday to Thursday from April 3 to September 11:

Mondays, 6-7pm- U10s  
Tuesdays, 6-7pm - U12s  
Wednesdays, 6-7pm – U16s  
Thursdays, 5:45-6:45pm –U14s

Winter fees in 2017 per junior player were increased to cover increased HV membership fees and cover coaching as follows:

H2H - \$100  
Quarter field - \$195  
Full field - \$265

**Actions:** It is recommended that the committee review fees in Jan 2018 based on finances to see if fees can remain stable for next year or increase.

### Hockey Victoria

Junior's criteria was still enforced by HV to be able have shield teams entered. No carnival grading were done.

- 1) Minimum of 25 U10 kids registered via Hockey net excluding H2H
- 2) All shield coaches must be level 1
- 3) To enter a shield team at higher age groups you must have shield teams at lower age groups

In addition to junior's team criteria, the LEC – league entry criteria came into play in 2017. The necessity to meet LEC requirements for our Senior teams to remain in Premier League requires pressure for our juniors club to meet many of the criteria

LEC requirements for the juniors included but limited to:

- 1) Have as many juniors teams as possible – the club entered 7 full field teams and 4 U10s – total 11 teams



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- 2) Have 100 U10 kids registered – powerhouse program project 100 led by Craig Seccull and Anne Cerche. I would like to acknowledge and thank Anne, Craig, Lisa Dalton, Nini and all the other club people who helped to make this project a success.

### **Coaching:**

Coaching is always a key challenge every year to find good coaches for all teams to allow the development of our players.

Unfortunately we did not get as many sportlived players this season, but we did get some international men and women to assist with coaching:

- Matt Stoner
- Lenny Dalrymple
- Bethan Watkins
- Martijn Van Liemont
- Grace Richardson

The coaching appointments were achieved with the help and support of Men's Premier League player – Jake Sherren. I would like to acknowledge Jake and thank him for his leadership and support to both myself and the juniors. Thanks also to Anne Cerche for helping with coaching appointments.

We also saw some of our juniors stepping up to coach U10 teams or help with H2H/preseason which is great for their development and great for the club.

- Kate Faragher, Sophie Crandall and Maddie Stirling

U10:

- Cam Hughes (Comets)
- Sophie Crandall & Maddie Stirling (Ducks)
- Grace Richardson (Foxes)
- Kate Faragher (Swans)

U12

- Gabby Stewart (Shield)
- Cath Volstedt (District)

U14

- Lachie Stock & Lenny Dalrymple (Shield)
- Bethan Watkins (District)

U16:

- Will Cerche & Jake Sherren (Shield)
- Matt Stoner (District)

U18

- Martijn Van Liemt



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Coaching will continue to be a challenge and I seek the support of Cam Hughes/Simon Dawkins to continue to help with asking seniors to coach juniors teams.

### **Preseason:**

Preseason was done differently this year with a start in February on the tennis courts at APK. A huge thankyou to Jake Sherren for leading the preseason program organising coaches and leading the sessions.

This worked very well with the kids being much more in a “hockey mind set” before official night training started. Great parent feedback was received by starting preseason much earlier. I recommend a February 2018 preseason start, however this needs to be discussed and balanced again with Indoor comps in Q1,2018

### **Hookin2Hockey:**

H2H continues to be a very important and key element of the Hockey Australia program. This year we ran our H2H for the 5th year.

We were required to run an 8 week program again in February this year and tried this year to run it on the soccer field next to the club house which was most successful.

We unfortunately did not have one program leader for 2017 but coaches for the program were Brenton Perry, Luke Bennett, Ben Stirling and Jake Sherren.

The kids enjoyed the program but we only had a small intake of kids – 12 new kids.

To reach our Project 100 numbers, an additional Hookin2hockey program was run in Elwood in term 3 at the school. Every Wed night after school for 6 weeks.

Anne Cerche & Craig Seccull were key drivers of this program and was very successful in having large numbers of kids participate.

**Actions:** The H2H program continues to be an important requirement for the club and options for 2018 need to be reviewed and considered.

The value of effort vs results and what sort of programs the club wishes to offer and support.

### **Teams:**

All teams this year continued to use TeamApp for communication and will continue to be the primary tool for communication to the teams from the club.

### **Winter Season:**

We entered 11 teams in 2017

Four U10 teams were entered into the U10 ¼ field Flames intra club competition

Two U12 full field teams – District and Shield

Two U14 full field teams – District and Shield

Two U16 full field teams – District and Shield

One U18 District full field team



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### Summer Season:

Jodie Bartle has done an incredible job running the summer hockey program for PHSK in 2017 – being both Summer 6s and Indoor Hockey.

I would like to acknowledge Jodie's leadership, enthusiasm and hard work to have the summer comps happened seamlessly.

### Summer 6s:

Eight teams were entered into the local Summer 6 competition in 2017 – two teams up from 2016

U12 – 4 teams

U14 – 3 teams

U16 – 1 team

### Indoor Hockey:

HV have updated their indoor hockey program this year and the shield competition has now moved to MSAC from Dandenong. This has been a great benefit to our club in particular and we have gained renewed interest from our players.

Jodie has led this also with the help and support of Jen McCoy. Thank you both ladies for driving the indoor program this year.

The club entered 4 teams to cover all age groups in the indoor weekly comp to secure our place in the competition which was fully booked by clubs.

- U11 Mixed Shield
- U13 Mixed Shield
- U15 Mixed Shield
- U18 Mixed shield

I would also like to acknowledge Craig Seccull for his support and drive to assist the juniors with coaches for our teams and provide overall direction and support for indoor hockey at Powerhouse. Thank you Craig. Also thank you to Steve Willer for his support to the coaching of our U11 team and U15 Girls Club champs team.

The club entered one Girls team in the U15 HV club championships – Coached by Steve Willer and Zoe Parlamentas. Team manager – Jen McCoy and Russel Zimmerman.

The Girls team had a great result coming runners up in the Championship.

**Action:** Committee to assign a summer 6s and Indoor manager for 2018 – I would recommend Jodie to continue in this role if she is willing as she is doing a fantastic job.



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I note that indoor hockey is growing at a huge rate and we need to ride this wave. Powerhouse has much to benefit from this given our proximity to MSAC and talent in our senior players for indoor. This is a great way for our club to grow and feed kids into winter hockey.

### **Winter teams:**

#### ***U10 ¼ field:***

Rupa Natha (Age Coordinator & Foxes Team manager)  
Annie Mollison (Swans Team Manager)  
Costa Wrout (Ducks Team manager)  
Julie Cannard (Comets Team Manager)

#### **Coaches:**

Cam Hughes (Comets)  
Kate Faragher (Swans)  
Grace Richardson (Foxes)  
Sophie Crandall / Maddie Stirling (Ducks)

We again entered 4 team in U10s in 2017 which was great, and have a large group moving up to U12 next year.

The U10 kids enjoyed the Central Flames run ¼ field hockey competition run at Hawthorn and Melbourne High, however we had some challenge this year with coaching.

A lot of the coaches were players in Women's Vic League /Reserve and there were quite a few instances where they could not coach due to their own games.

So it was great to have new coaches and women put up their hand, however for next year we need to be mindful of game clashes and I would recommend more coaches from the Mens section in 2018. This put extra pressure on Coordinator Rupa.

No Finals were played in U10s.

#### ***U12***

Liz Dallimore (Age Coordinator)  
Edwina Olesen (Shield Team Manager)  
Ben & Jennifer White, then Andrew Paoli (District Team Manager)

#### **Coaches:**

Gabby Stewart (Shield)  
Cath Volstedt (District)

#### **Shield:**

We have entered an U12 team in Shield for the 6th season in a row.

This was a very challenging year for the U12 group in shield. The requirements by HV to have a shield team in U12 to allow older ages to stay in Shield means that we had to enter a team.

This team have shown great resilience and overall an enjoyment to play hockey despite a zero win or goal this season.



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I would like to commend the kids and the parents to sticking with it and still turning up each week with optimism and a smile.

During the year, the club engaged the coaching services of John Mowat for 4 weeks at training to help mentor and coach the U12 group which was well received and the kids learnt a lot.

A key learning from this age group this year is that it is very important to match coach and teams.

### **District:**

This is the second year Cath has coached the U12 district team, and the new players that join this level. This team was out most successful team this season. They had a great winter season and improved heaps with the encouragement and support of Cathy who was a fantastic match for this team. The team finished 3<sup>rd</sup> on the ladder.

### *U14*

Jodie Bartle/ Nini Fornasiero (Age Coordinator)  
James Giannellis (Shield Team manager)  
Dimitri Kiriacoulacos (District Team manager)

### **Coaches:**

Lachie Stock and Lenny Dalrymple (Shield)  
Bethan Watkins (District)

### **Shield:**

The U14 Shield team continued to improve throughout the season as the kids learnt to play as a new formed team. They missed out on finals, however the losses were minor and the development showed good promise for 2018.

This was Lachie Stock's first year coaching for juniors and he did a fantastic job, and the kids really looked up to him as a PL player. This team also had the benefit of coaching with Lenny Dalrymple from the UK who is a very talented winter and indoor play who was able to bring new ideas to the team from his experience. Lachie and Lenny did a great tag team and the kids loved having them.

The U14 shield team finished 7<sup>th</sup> place on the ladder.

### **District:**

The U14 District team had the pleasure of a wonderful and supportive coach to guide and teach this team in Bethan Watkins. Her enthusiasm was infectious and despite the ladder this team very much enjoyed playing hockey and improving as a team. Well done Bethan!

We had two new players join this team as GKs –Fraser and Amberley who did an excellent job and it is so good to have new kids show interest in goal keeping.

The U14 District team finished 6<sup>th</sup> place on the ladder.

Overall the U14s gained lots of new players to the club which we hope to retain with the positive influence of the great coaches. Quite a few of these are playing indoor and summer 6 over the summer hockey program.



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### **U16:**

Jen McCoy (Age Coordinator)  
Nini Fornasiero (Shield Team Manager)  
John Holland (District Team manager)

#### **Coaches:**

Will Cerche and Jake Sherren (Shield)  
Matt Stoner (District)

#### **Shield:**

The majority of the kids in the team had played with each other since U12 and continued to improve year after year. It was great mix of mainly top age boys and girls. We had a MGS boarder in the team which was a great addition—each week someone would pick him up and take him to the game. The team just missed out in the top 4 and being in finals. They finished 5th just under Doncaster at 4<sup>th</sup>. Doncaster went on to win GF so it certainly was a good result by House. The new coaching partnership of PL players Will and Jake was icing on the cake for these kids and a great way to end juniors for some of these players who will move into seniors in 2018.

#### **District:**

The team was made up of mostly girls with a few boys. There was a real strong friendship group and despite losing many games they had a fun season. It was terrific to see that 2 new U16 kids joined the club who had never played hockey together and one went on to play GK when our normal GK was injured.

This team were very luck to Matt Stoner who has had a proven record throughout the season of being a sensational club person. From coaching, umpiring and saving lives! Matt took on the coaching role to the highest degree with constant encouragement and feedback each week. We him back!

The challenges of the season was there were not enough kids for each team and we had to double up on many occasions. Ideally want 15 to start the season off (especially U16 as have no. of school camps, illnesses, skiers etc). What worked was having casual players who fill in when they can and pay reduced fees. This particularly worked for skiers and kids that couldn't commit for the entire season.

### **U18:**

Anne Cerche (Team managers)

#### **Coach:**

Martijn Van Liemt

We entered an U18 team in the District competition for a second year.

This is to be acknowledged that Anne Cerche and family were the driving force behind this team. Thank you Anne and Mark. Dutch PL player Martijn was able to provide coaching on game day and have the occasional run in the team too which I think the players enjoyed.

The team this year had a more relaxed approach to training and mainly required turn up to games as many kids were doing VCE.



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The team had a fun season and finished up 6<sup>th</sup> on the ladder. U18 will continue to be a challenge in years to come with competing school activities – VCE and something the club needs to continue to watch closely. It is necessary to help with LEC team entry points.



U12 Shield



U14 Shield



U14 District



U16 District



U16 Shield





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U18 District

Overall, As a club we need to look at ideas to help build the capability of our players for those wishing to do so. This being said – for the less competitive teams, there was still much fun playing hockey and smiles coming off the field

### **Acknowledgments:**

**Nini and Anne** for their continual support and encouragement before, during and after the season.

Answering my many questions, helping me heaps and supporting me through challenge times.

Both are amazing woman and I am very grateful for their support.

**Julie Cannard** for doing wonderful job as our Juniors Treasurer - new this year to this role. Thank you Julie for your support and managing all things financial for the club.

**Magnus Edwards** for doing such a fabulous and wonderful job as our Juniors Secretary for the past 4 years. Magnus will be hanging up the hat this year and we welcome Simon Richards as our new Secretary. Thank you Magnus for your support and help over the years.

**Deb Cherry** for doing a second year as **Umpire Coordinator**. This has really helped me so much and she has done a great job organizing and ensuring all our junior games have umpires each week. This is not an easy task when you have to deal with HV! Thank you Deb!

**Jake Sherren** for his support leading our preseason and helping to get coaches for juniors in 2018. Also for leading the PHPA. Thanks Jake!

**Pauline** for her support running the canteen and opening and closing the field for the junior's games, in particular the Friday night matches. Great job Pauline.



## POWER HOUSE & ST KILDA HOCKEY CLUB

**The juniors Committee** – Nini Fornasiero, Rupa Natha, Liz Dallimore, Jodie Bartle, Jen McCoy, Anne Cerche, Edwina Olesen, Anne Cerche, Julie Cannard, Magnus Edwards and Cam Hughes.

**I could not have done this year without this great group of people who volunteer and put in the hard work so all our kids can play juniors hockey at PHSK.** Thank you.

### **Higher Performance Achievements – 2017**

*\*\* Please accept my apologies if I have missed anyone in this section. It was not as easy as I hoped to extract this information from the HV website.*

This was another successful year for Powerhouse Juniors at Zone and State level. We had 13 players selected for the JSC State champs, 4 players selected for the State teams and 8 players for the state Academy.

### **Hockey Victoria Junior State Championships – JSC 2017**

The Junior State Hockey Championship is played between 10 regional Victorian sides each year. There are four country teams and six metro teams. Powerhouse forms part of the “Central Metro Flames’ Zone, where players are required to trial and be selected for the team.

Congratulations to the following juniors from the club participated in the JSC this year as part of the Central Flames:

U13 Girls – Anchilli Rochanakij, Morgan Hughes, Frankie Dawkins – **Finished 5th**  
U13 Boys – Hugh Ford – **Finished 2<sup>nd</sup>** (Penalty shootout)  
U15 Girls – Stella Jenz, Bronte Rochanakij, Jamie Zimmerman – **Finished 2<sup>nd</sup>**  
U15 Boys – Fionn Whelan (GK), Adam Gianellis, -**Finished 6<sup>th</sup>**  
U17 Boys – Nic Cherry, Niklas Loycke (GK), Noah Jenz, Oscar Rochanakij – **Finished 4<sup>th</sup>**

Big congratulations to the Central Metro Flames for a great overall result and our Powerhouse players!

### **State Level Representation**

Congratulations to the following players, representing Victoria at the National hockey champs.

Hugh Ford – U13 Boys - White  
Max Dalton – U18 Boys  
Jamie Zimmerman - U15 Girls – Blue  
Sam Dawkins – U15 Boys

Jamie Zimmerman and Maddie Stirling also represented the state in SSV



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### **Indoor State Hockey Championships:**

#### **Girls U15: - finished Runners up**

Stella Jenz  
Francesca Norsa  
Bronte Rochanakij  
Jamie Zimmerman

### **State HV Academy**

\*Please note it was a little confusing on the website to collect this information, so my apologies if I have made an error

Congratulations to the following players, who have been selected for the 2017 HV Academy:

#### U18 Boys

Sam Dawkins  
Niklas Loycke

#### U18 Girls

Jamie Zimmerman

#### U15 Girls

Bronte Rochanakij  
Stella Jenz

#### U13 Girls

Anchilli Rochanakij

#### U13 Boys

Hugh Ford  
Hugo Hanak

### **Awards 2017**

Congratulations to the following juniors players who were awarded the Best and Fairest, Coaches or Club person award this year - well done!!

#### **Best & Fairest 2017**

- U12 Shield – Frankie Dawkins
- U12 District – Callum McInerney
- U14 Shield – Hugh Ford
- U14 District – Fraser Dixon
- U16 Shield- Nic Cherry & Sam Dawkins
- U16 District – Stella Jenz



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### **Coaches Award 2016**

- U12 Shield – Pablo Williams
- U12 District – Hugo Hayes
- U14 Shield – Leyla Kenneally
- U14 District – Thomas Read
- U16 Shield- Oscar Taylor
- U16 District – Campbell Darby

### **Club Contribution - Noel Thompson Perpetual trophy for Keen interest in Club Activities Club 2017**

- Patrick and Francesca Norsa

### **Powerhouse High Performance Academy (PHPA)**

The Powerhouse High Performance Academy (PHPA) ran for the second year in 2017 under the leadership of Jake Sherren and Will Gilmour. The purpose of the program was to allow the club's top players to coach and mentor the club's rising junior players through fortnightly training sessions. Players were selected if they were playing in the Zone or state team and received coaching from premier league players, Jake Sherren and Will Gilmour. Thank you Jake and Will for your commitment to developing out talented players in powerhouse.

All Goal keepers benefited from this academy (open to all junior GKs) and I would like to thank Ellen Bowditch and Matthew Defina for supporting the PHPA GK program this year.

The program was run over 8 weeks.

### **Saints Holiday Program**

The Saints Holiday Program ran for the second year in 2017.

The coaches were Zoe Parliamentas (head coach), Kate Faragher, Hugo Grant, Olive Sferrazza, Max Fielding. Thank you coaches.

It was great to see more juniors players from U16 and U18s helping out.

This was a 2 day clinic at APK.

A few new kids signed up into U14s and U12s to help out later in the season and now playing summer 6s.



## POWER HOUSE & ST KILDA HOCKEY CLUB

### **Committee / Office bearers for 2018:**

Natalie Ford will resign from **President** for 2018, and Simon Richards will nominate for **Secretary** for 2018 with Magnus Edwards stepping down.

We have the following age group coordinators committed for 2018 and these people will form part of the committee for 2018.

U10 – tbc  
U12 – Liz Dallimore  
U14 – Jen McCoy  
U16 - Natalie Ford

Deb Cherry has stepped down from **Umpire Coordinator** and we are looking for a volunteer for 2018.

Cam Hughes will run as **Head of Juniors Coaching with the assistance of the seniors VPs.**

**Actions:** The following positions still need to be filled for 2018:

- U10 Coordinator
- Umpire Coordinator
- School Holiday program coordinator

### **Coaches for 2018 Season**

- Coaches have not yet been identified for 2018.

It would be great to see more seniors women and men coaching our teams. It is noted we still require Level 1 for our Shield teams.

### **2018 Pre-Season:**

Will look to run a program in Feb 2018 on the tennis courts at APK, but need to understand the impact of a possible indoor competition at MSAC in Q1 2018

### **Hookin2hockey & School Clinics for 2018:**

With the LEC requirements of 100 U10s each year the H2H and junior recruitment program needs to be reviewed to see what is the best approach to achieve our targets.

The seniors will work collaboratively with the juniors to help drive this to success.

The collaboration with HV with indoor hockey will assist with this challenge with pilot programs current being discussed for 2018 implementation.

### **Signing off for 2017:**

I would like to thank my committee, the age group coordinators, team managers and coaches for their efforts this year. Thankyou to Jake Sherren, Will Gilmour, Zoe Parliamentas, Craig Seccull



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and Deb Cherry for their roles and I would like to encourage more parents to become involved with Club activities.

I am extremely grateful to Seniors President, Anne Cerche and Past President, Nini Fornasiero for their continued support and help through the year – I could not have done this role for the past 2 years without them, and also acknowledge and thank Zone Coordinator, Caleb Griffith for his invaluable help and advice.