



COVID19 HOCKEY PLAN

Guided by the State Government advice, Hockey Victoria's HV Return to Hockey Guidelines, and other factors such as restrictions imposed by the City of Port Phillip, the PHSK HC Committee has made this plan to conduct hockey activities in a COVID safe manner.

The plan will be in place to protect all members and includes:

- Scheduled training etc. activities,
- Conditions for attendance, including registration, and
- Protocols for the conduct of training and other Club activities.

Restricted Training

PHSK HC will conduct restricted training sessions, at the Albert Park pitch, for all sections and ages groups. Members will be able to attend their respective training sessions during the week as scheduled

Each session will run up to two groups of up to the permitted number of participants initially in each group (plus coaches and support staff) at any one time, with each group allocated one half of the pitch.

Training will be structured to limit contact between players within a zone.

Other facilities such as the Club house and change rooms will NOT be open.

Training Attendance

In order to attend each session, members must check-in and check-out via the PHSTK HC QR code on the entry and exit gates of the pitch.

Attendance by members is an irrevocable agreement to abide by the terms and conditions including confirming that, in the 14 days prior, they have not:

- displayed any of the following symptoms: e.g., Fever, Cough, Shortness of breath, Breathing difficulties,
- been exposed to a person who has tested positive to Coronavirus,
- had a test for Coronavirus without a negative outcome,
- returned from overseas, or
- be placed in quarantine.

Members for whom the above occurs must not attend training until such time as the above condition no longer apply.



To maximise the opportunities for as many players as possible to engage in training, we ask that parents remain outside the facility's boundary fence, preferably in your vehicle, for the duration of the training session.

Training Protocols

During every restricted training session, the following protocols must be followed by all attendees. Where necessary, coaches or support staff may impose additional restrictions or give direction, at which all attendees are requested to comply with.

Any person observed not adhering to the protocols will be asked to leave the training session.

The following protocols must be abided by all persons:

- Showering prior to and after training.
- Minimising personal belongings. Come ready to go, and keep personal belongings in your car, or if need be to the side of your group's allocated zone away from others belongings.
- Entry and exit will be only via the eastern gate closest to the Club house. Do not enter the pitch until all players from the previous session have left. Move directly and quickly to your nominated pitch half, as per your booking (west end or east end).
- No sharing of personal equipment (e.g. sticks, uniform, water bottles), goal keeper equipment or face masks.
- Bibs are not to be used. Players must bring alternative uniform.
- Only two groups of 20 (may be revised over time) may be on the pitch at any one time. The pitch will be separated into a west-side and an east-side.

Parents, spectators must not enter the facility, and must remain outside the facility's boundary fence at all times.

- Clean hands with provided hand sanitisation upon pitch entry and exit.
Hand sanitiser will be located at the west end gate (i.e. closest to the Club house). This will be the only gate open during restricted training.
- No handling of shared equipment such as balls, cones.
- Sterilisation of shared equipment (balls and cones etc.) by the coach or support staff prior to the start of training, and immediately after the last training session.
- Maintain a minimum of 1.5m between each person during all training activities, and movement onto and off the pitch.
- No attendance for any person who, in the 14 days prior to a training session –
 - displays flu like symptoms,
 - has returned from overseas,
 - has been exposed to a person who has tested positive to Coronavirus,
 - had a test for Coronavirus without a negative outcome,
 - was placed in quarantine, or



- are otherwise unwell.

Where individuals wish to take additional precautions, e.g., wearing a face mask, attendees are permitted to do so, provided such precautions do not pose any danger to the health or safety of the individual or others.

I HAVE BEEN DIAGNOSED WITH CORONAVIRUS – WHAT DO I DO?

If any member tests positive for COVID-19, contact the Club secretary, immediately at secretary@phskhockey.org.au.

For further information, please contact your section heads.

Women: women@phskhockey.org.au

Men: men@phskhockey.org.au

Masters: masters@phskhockey.org.au

Juniors: juniors@phskhockey.org.au